



Video Guidelines

Opening Statement:

"Hello, I'm a **(say your injury level – for example: C4, C5, C6 quadriplegic OR T10 paraplegic)** and today I'm going to demonstrate a **(say what you're demonstrating – for example: car transfers)** for SCIVideoBlog.com"

Closing Statement:

Checkout other **(say what you just demonstrated – for example: car transfers)** on SCIVideoBlog.com

Instructions:

1. The use of offensive or inappropriate language is not permitted.
2. Do not post any content that is hateful, lewd, pornographic, sexual, violent, or contains racial, ethnical, or otherwise objectionable content.
3. Explain clearly what you're demonstrating in the video as you demonstrate it.
4. Please keep your demonstration video length at 4 minutes or less.
5. Videos should not present any form of advertising material.
6. Make sure that you diligently complete all the relevant fields before you upload your video. This allows us to categorize your video appropriately.

Note:

Videos that fail to abide by the above rules would not be displayed and/or could result in a permanent ban from the site.

If you are uploading a video of someone other than you, please have them fill out our Consent Form – located at <http://www.scivideoblog.com/documents/consent-form.pdf> and email it to us at contact@scivideoblog.com.

Website: <http://www.scivideoblog.com>. Email: contact@scivideoblog.com

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